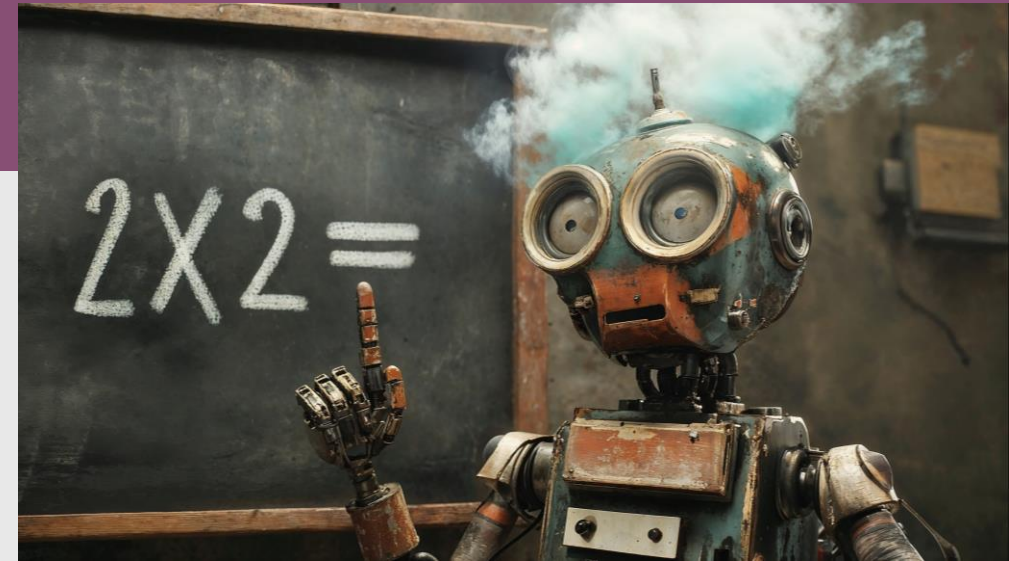


Activating *Our* Intelligence

A Common-Sense Approach to Artificial Intelligence

Dorothy Stoltz | MD Tech Connect | December 12, 2024



Activity

Intelligence is:

- a) the ability to draw on – what Plato calls the universal or abstract mind – a continuous source of inspiration, enrichment, and optimism in life.
- b) helps us be responsible for our own learning – to be open-minded, adaptable, and creative.
- c) opens the doorways to discovery.
- d) all of the above.

Activity

Artificial Intelligence:

- a) is a finite and precarious tool only drawing on what information has been fed into its system.
- b) can perform a task or mimic human cognitive ability, but it does not know what and how to think.
- c) is unable to draw on the abstract or universal mind for inspiration, wisdom, and discovery.
- d) all of the above.

Tip # **1**

How can Pythagoras or even Confucius inspire us?



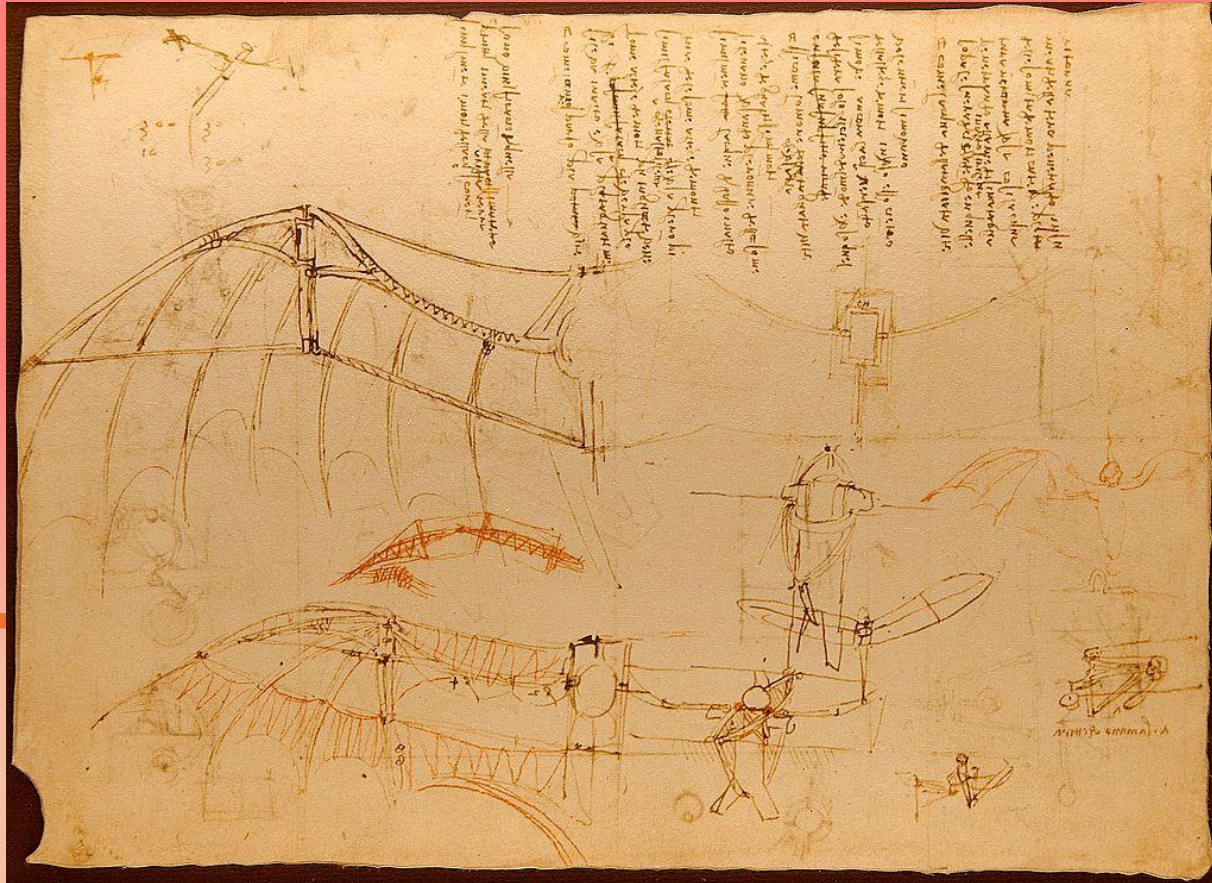
Their big ideas help us to think thoroughly and completely to make our own decisions.

Examples of thinking structures:

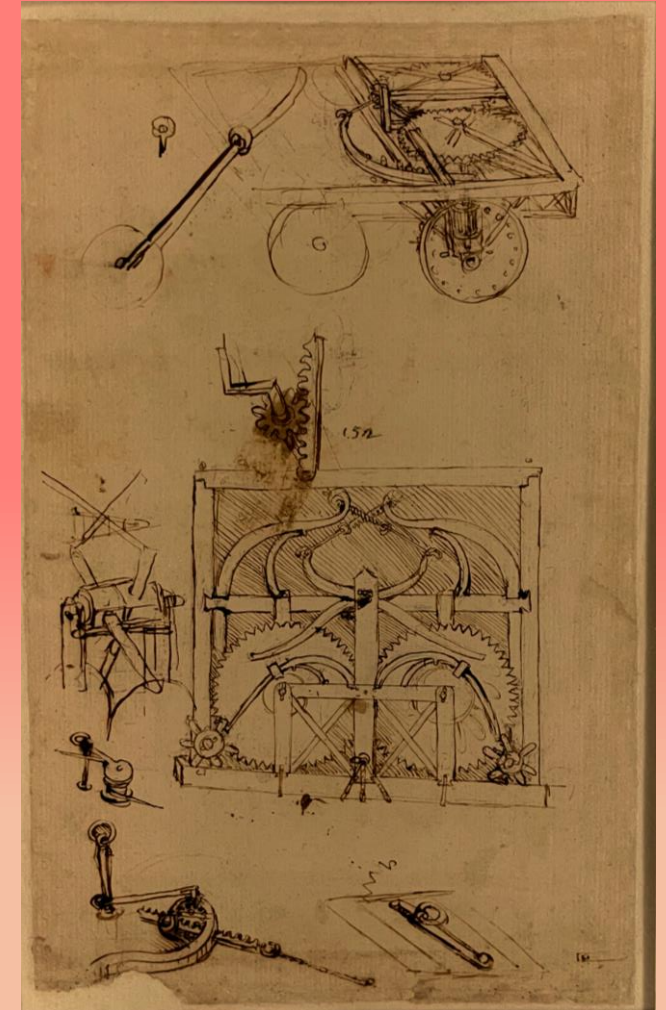
- Optimal Patience
- The Golden Mean

The light (right) touch of enhancing curiosity.

Tip # 2



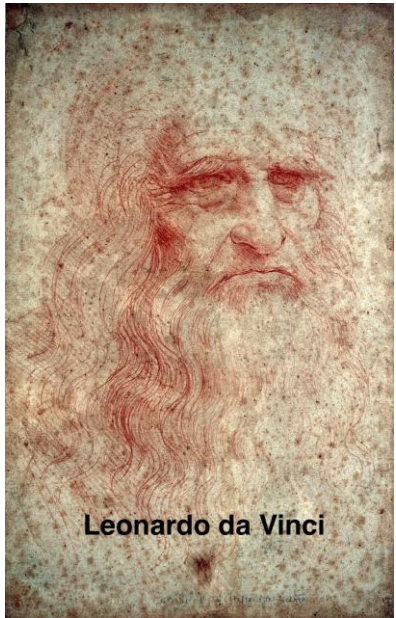
Leonardo da Vinci mechanical wings
(photo credit: Luc Viatour / <https://Lucnix.be>)



Leonardo da Vinci self-propelled cart
(photo credit: D. Stoltz)

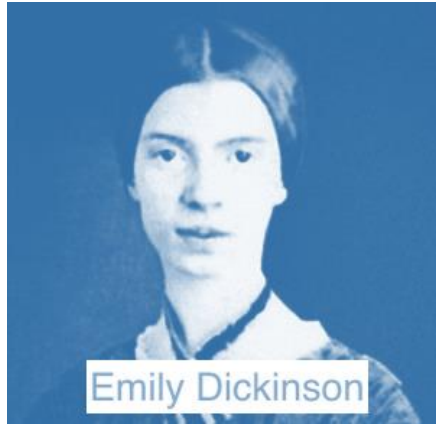
Great thinkers inspire us to be helpful to ourself and to others.

They teach us to focus on energies and qualities such as discernment, dignity, and wisdom.



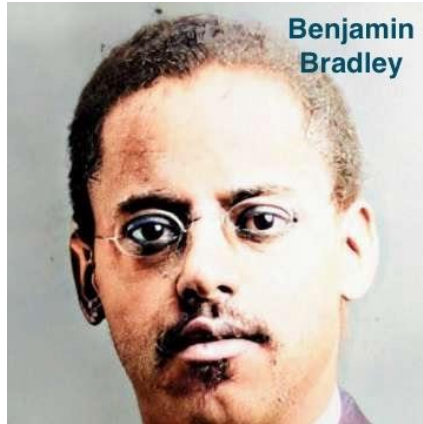
Leonardo da Vinci

Curiosity



Emily Dickinson

Hope

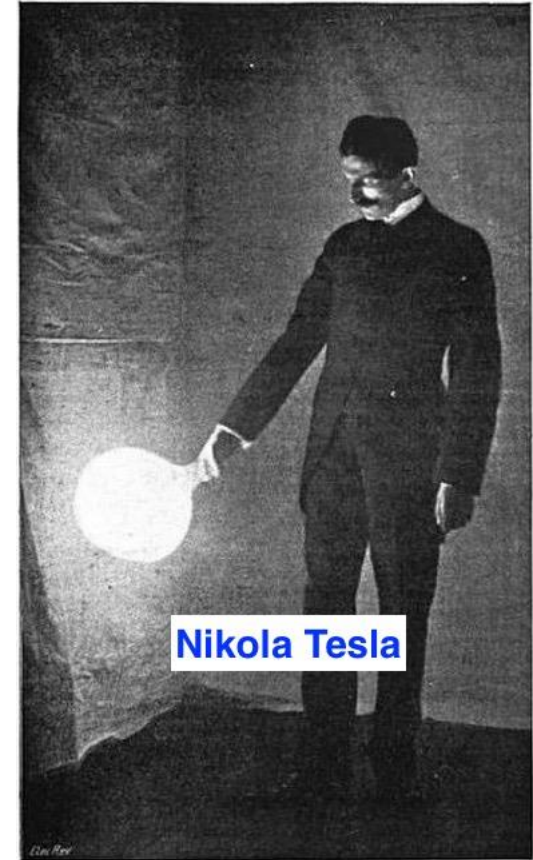


Benjamin
Bradley

Discernment



Dignity



Nikola Tesla

Discovery

Activity

Who do you nominate as a great thinker to be your peer?

What quality do you admire in them?

How does the person inspire you?

Tip # 3 Discernment goes hand-in-hand with unlearning.

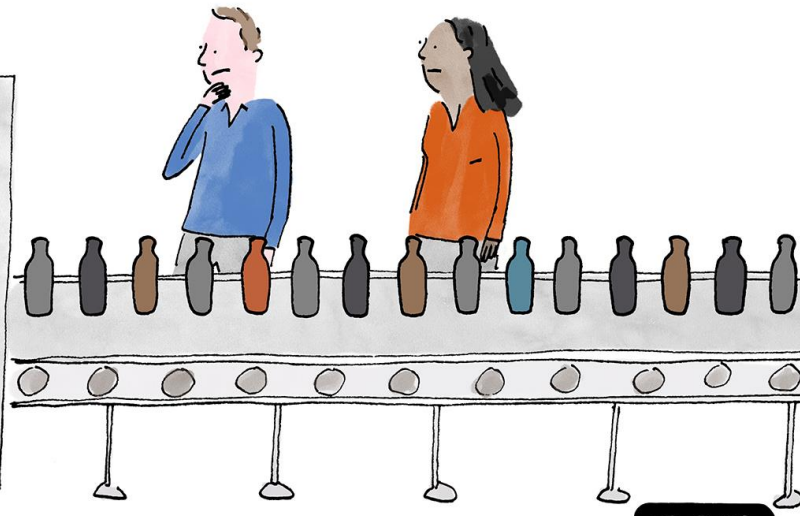
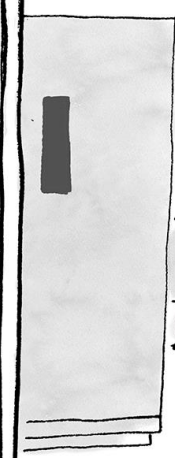
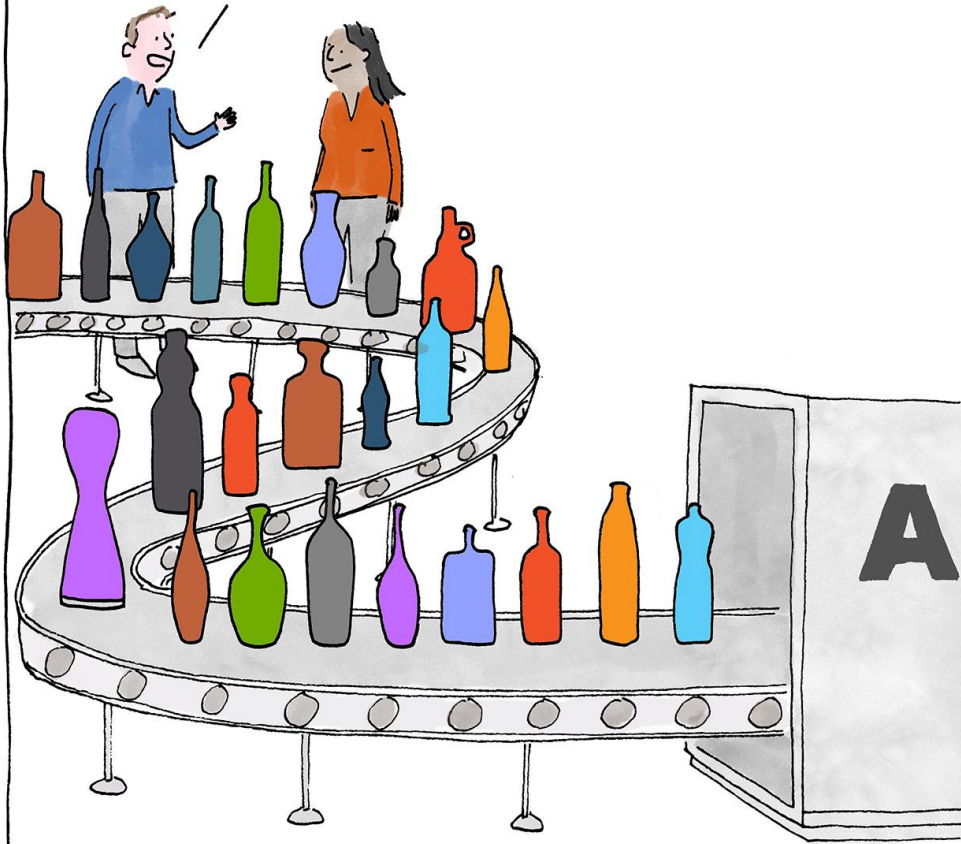
- Discernment is an awareness of life's purposes and principles through the mind, helping us develop the ability to think.
- Unlearning helps us turn problems into opportunities.

Examples of thinking structures:

The Noble Middle Path

The Ideal of Harmony

Once we train our AI,
I can't wait to see the
wide variety of new
ideas it comes up with!



TOM
FISH
BURNE

Tip # 4

Use humor.

Tip # **5**

Be thorough and act with respect.

Respect our learning process.

Sift out exaggerations and falsehoods about AI.

Consistently pursue constructive goals, as opposed to reacting to whatever is annoying.

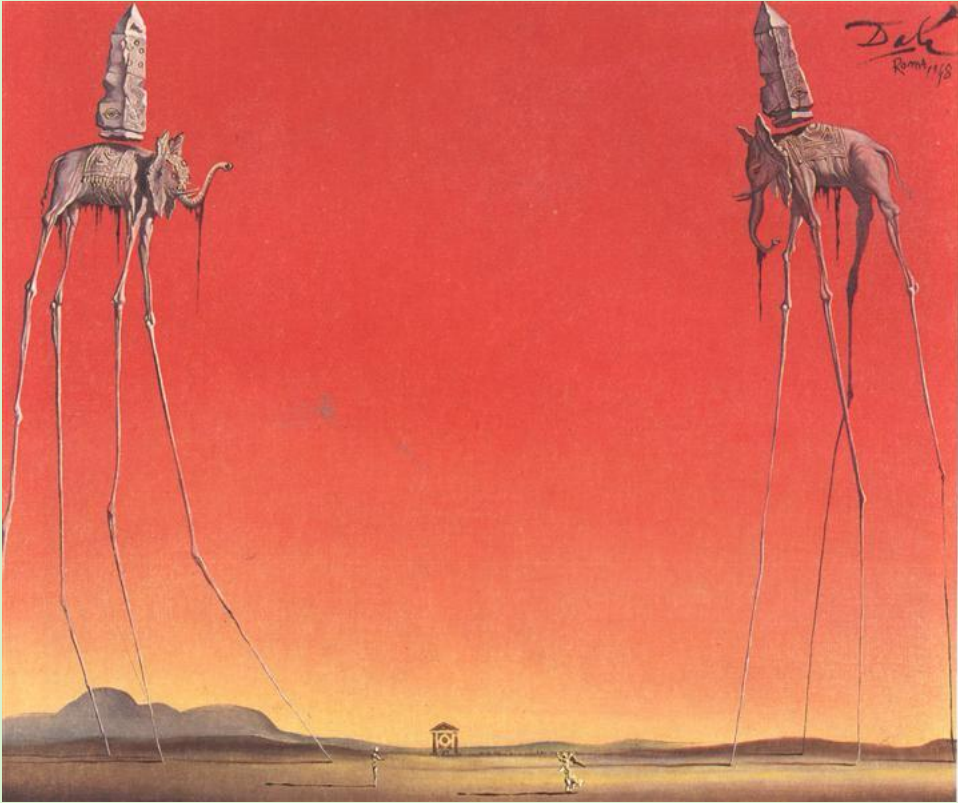
ACTIVITY

Scenario Challenge: How can a library help people it serves activate their intelligence using AI as a tool?

- What are the possible advantages and benefits in solving this challenge?
- What are the risks, obstacles, and potential downside to helping people activate their intelligence?
- What new approaches can we generate to reduce risks or overcome any obstacles?
- Next steps?

(Activity source: *Six Thinking Hats* by Edward de Bono)

Tip # 6 Pay attention.



Salvador Dalí | The Elephants (Large) [Fair Use](#)

- ✓ As Emerson inspires: “Life consists in what a person is thinking of all day.”
- ✓ Keep in mind that energy follows attention.
- ✓ Can we tap the lifeforce of hope?
- ✓ When we think before acting, and especially before reacting, we help ourselves be alert to and avoid manipulation.

Tip # 7

Rely on discovering our own potential.



Patience
Enthusiasm
Peace
Cheerfulness
Dignity
Fortitude
Affection
Helpfulness
Optimism
Kinship
Wisdom
Joy
Common-sense
Objectivity
Excellence

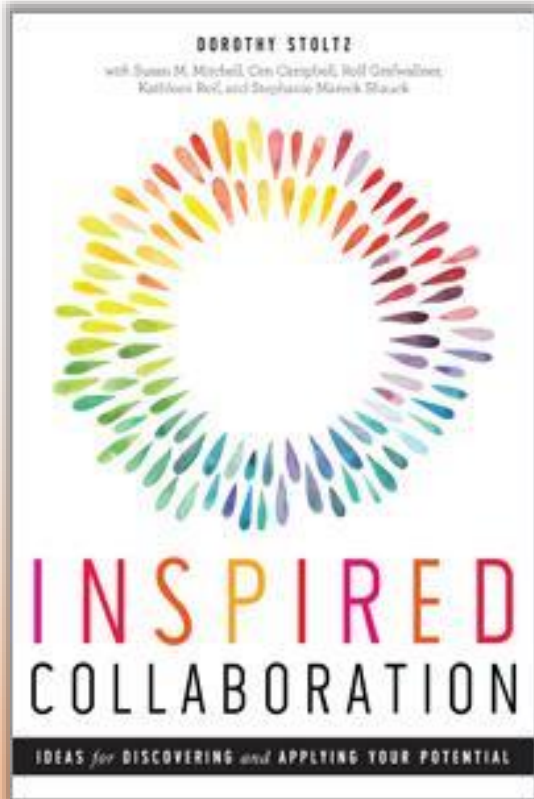
Healthy Habits

to Take Advantage of the Creative Process
and Activate *Our* Intelligence

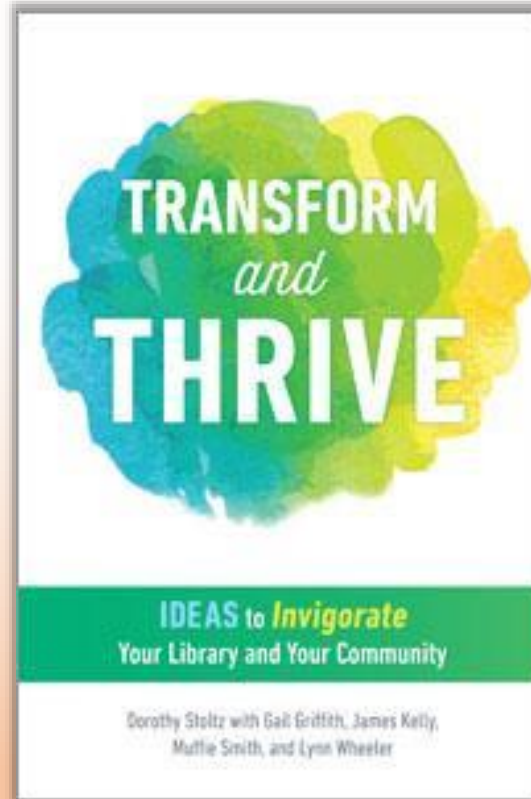
- Taking care of oneself first
- Appreciating and praising
- Feeding the mind with inspiration
- Finding good answers and solutions
- Mentally rehearsing
- Cultivating a sense of humor
- 5 – 10 minutes of active quiet time



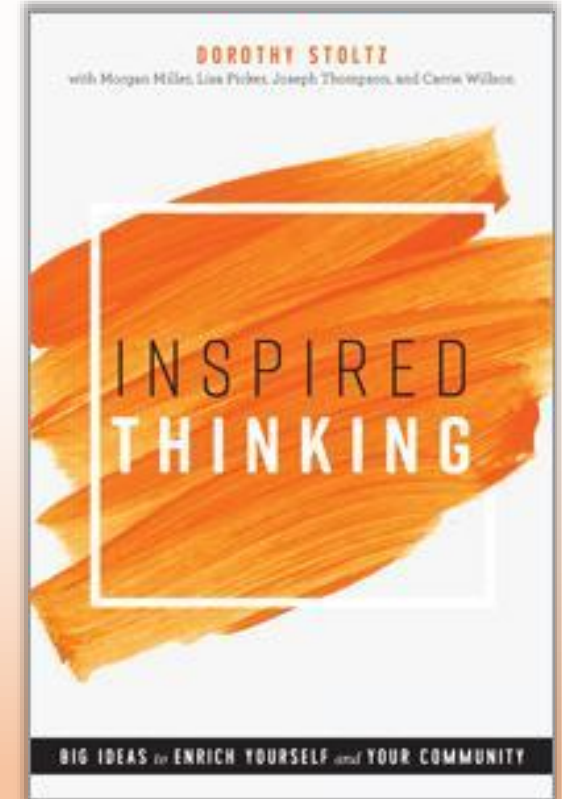
Photo Credit: A. Hubbard



**Inspired Collaboration:
Ideas for Discovering and
Applying Your Potential**
978-0-8389-1396-3



**Transform and Thrive:
Ideas to Invigorate Your
Library and Community**
978-0-8389-1622-3



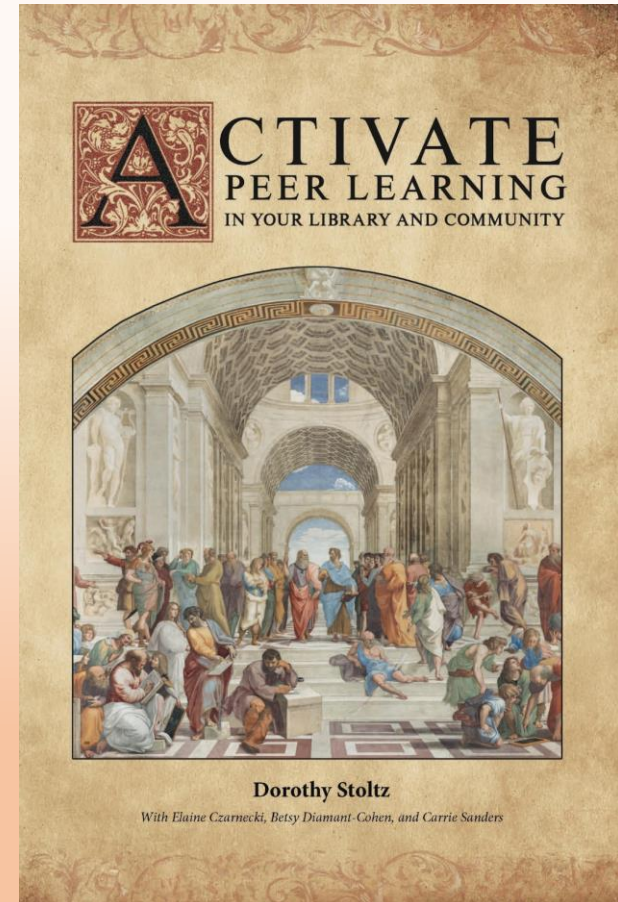
**Inspired Thinking: Big
Ideas to Enrich Yourself
and Your Community**
978-0-8389-4671-8

Activate Peer Learning: in Your Library and Community

979-8-9881410-0-6



For more information go to: WaldoPublishers.com



Activating Our Intelligence: A Common-Sense Approach to AI

Suggested Reading and Resources Page One

[Activate Peer Learning in Your Library and Community by Dorothy Stoltz with Betsy Diamant-Cohen, Elaine Czarnecki, and Carrie Sanders](#)

[Activating Our Intelligence: A Common-Sense Approach to Artificial Intelligence by Dorothy Stoltz](#)

[The Autobiography of Benjamin Franklin](#)

[The Creative Contrarian: 20 “Wise Fool” Strategies to Boost Creativity and Curb Groupthink by Roger von Oech](#)

[Don't Sweat the Small Stuff by Richard Carson](#)

[Essays and Lectures by Ralph Waldo Emerson](#)

[How to Have a Beautiful Mind by Edward de Bono](#)

[Inspired Thinking: Big Ideas to Enrich Yourself and Your Community by Dorothy Stoltz with Morgan Miller, Lisa Picker, Joseph Thompson, and Carrie Willson](#)

Activating Our Intelligence: A Common-Sense Approach to AI

Suggested Reading and Resources Page Two

[The Library Brightens the Shadows](#)

[Optimism by Helen Keller](#)

[Plato: The Complete Works](#)

[The Poetry Foundation Emily Dickinson](#)

[Shakespeare's Sonnets and Poems \(or any play or sonnet by The Bard\)](#)

[Transform and Thrive: Ideas to Invigorate Your Library and Your Community by Dorothy Stoltz with Gail Griffith, James Kelly, Muffie Smith, and Lynn Wheeler](#)

<https://creativethink.com/>

<https://www.debono.com/six-thinking-hats-summary>

<https://www.debonogroup.com/>

<https://waldopublishers.com/>

Dorothy Stoltz stoltzcreative@gmail.com 443-465-0912 WaldoPublishers.com [Stoltz Creative Consulting](#)

Dorothy Stoltz

443-465-0912

stoltzcreative@gmail.com

[Stoltz Creative Consulting Especially for Libraries](#)

[Waldo Publishers](#)

WaldoPublishers.com

